



For those interested or who know someone
who is interested in the
Great Sport of Wrestling!

NORRIS WRESTLING CLUB

Registration and Parent Meeting for 2009-10 Season

Monday, November 30, 2009

Norris High School Multipurpose Room at 6:30 PM

Lots new this season – please attend parent meeting

The purpose of the Norris Wrestling Club is to provide opportunities for Norris youth to participate and compete in the sport of wrestling, foster competitive sportsmanship, and prepare wrestlers for Middle School and High School Wrestling. The club will participate in local youth tournaments starting in January, and the season runs through the end of March. Specific tournament information will be provided at a later date. Entering tournaments is strictly voluntary. For more information & updates go to www.norriswrestling.org.

Coaching: Randy Fisbeck is in his second year as head coach. Coaching youth wrestling is a rewarding yet demanding volunteer experience. There will be meeting at 6:30 on **December 1** in the High School wrestling room for anyone interested in volunteering as an assistant coach. Contact Randy Fisbeck (421-8787 or Fisbeck@aol.com) for more information. If you are interested in helping in other ways contact Board of Directors President Doug Hunter (792-2345 or doug.hunter@windstream.net).

Practices: This year we will organize practices a little differently than we have in the past. More experienced wrestlers (mostly, but not entirely, those in grades 3-8) will practice twice/week, on Mondays and Thursdays from 6:30-7:50pm. Practice for this group will begin on **December 3, 2009**. Novice wrestlers (mostly, but not entirely, those in grades K-2) will practice once/week, on Tuesdays from 6:30-7:50. Practice for this group will begin on **January 5, 2010**.

Norris Tournament: Every year our club sponsors a tournament which serves as our major fundraiser. Money from the tournament provides funds to purchase new singlets and other club equipment. This year our tournament will be on March 20, 2010. Running a successful tournament requires tremendous parental support. Please mark your calendar. We ask that at least one parent from each family help (for part of the day). Look for a sign-up sheet in early March.

FEE: \$40 per wrestler or \$70 per family. The fee covers club entry, insurance, and a team T-shirt (new design this year!) for every wrestler. Additional T-shirts can be purchased for \$10.

DEPOSIT: A \$60 deposit is required for a NWC singlet for those wishing to participate in tournaments. Your deposit check (made out to Norris Wrestling Club) will be returned when your child's singlet is checked in at the end of the season.

PLEASE BRING ANY OLD WRESTLING SHOE(S) YOU MAY HAVE TO REGISTRATION. We will have a shoe swap box! If you have a pair of wrestling shoes that are too small, bring them and put them in the box. If you need a pair of shoes check the box before you buy.

Norris Wrestling Club – 2009-2010 Registration

Wrestler name _____ Age _____ Date of Birth _____ Grade _____

Weight _____ Male / Female (circle one) Years experience _____ Is child covered by health insurance Yes / No (circle one)

Wrestler Tee shirt size (circle one) YS YM YL AS AM AL AXL A2XL A3XL

Extra Tee shirts (\$10 each) (Circle size(s)) YS YM YL AS AM AL AXL A2XL A3XL

Parent/Guardian Name _____ Parent/Guardian Name _____

Mailing Address _____ Mailing Address _____
(if different)

Phone _____ Phone _____

Email address _____ Email address _____

Email address _____ Email address _____
(please write a second time) (please write a second time)

Additional contact in case of emergency (name and number)

**Release and waiver of Liability
Assumptions of Risk and Indemnity Agreement**

On behalf of _____ (wrestler) I _____ (parent/guardian) understand that wrestling can be a dangerous sport (and can cause serious bodily injury, permanent disability, or death). I affirm that the above named wrestler is in proper physical condition for participation in the sport of wrestling. If I believe conditions are unsafe I will immediately discontinue participation. In the case of any injury I agree not to sue or hold responsible the Norris Wrestling Club, or any Club volunteers or employee, or any owners or lessors of any premises on which Club activity takes place. I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RIKS, AND INDEMNITY AGREEMENT and I understand that I have given up substantial rights by signing below.

Norris Public Schools wishes to advise you that the activity selected/enrolled in by you or your wrestler could result in some degree of physical injury. Norris Public Schools does not have, nor is required to have insurance for such accidents. It is therefore incumbent upon you to properly insure yourself or your dependent.

I have read, or I will read, the Norris Wrestling Club Handbook (available on the Norris Wrestling Club Website (www.norriswrestling.org) or as a hardcopy from a Club coach).

Initial one:

_____ I understand the Club rules and regulations as presented in the Handbook, and I will/have discuss/ed them with my wrestler.

_____ I will read the Handbook. If I do not understand Club rules as presented in the Handbook I will ask a coach or board member for clarification. I will discuss these rules with my wrestler.

Printed name of parent/guardian _____

Signature of parent/guardian _____ Date _____